

SP22

LEARNING INTENSIVE

MAR 4-5

WILLINGDON CHURCH

How can the people in your church become more effective at walking alongside those facing life's challenges and opportunities? Pastoral care is an integral part of any ministry—caring for individuals dealing with personal struggles, hopes, fears, and choices. This translates into meaningful influence in the lives of those in your ministry context. This course will equip learners to understand mental health challenges and provide them with insight into key issues and topics that arise in pastoral care conversations. They will also learn tools for a biblical, integrated, and holistic pastoral care model that will equip learners to help others navigate through life well.

COURSE OUTCOMES

This course will help learners:

- Articulate a biblical, integrated and holistic model of pastoral counselling in the context of pastoral care.
- Demonstrate reflective listening skills essential to good shepherding.
- Identify and reflectively process key issues that influence your pastoral care.
- Demonstrate familiarity with the symptoms of selected mental and emotional problems as well as the basic ethical principles of pastoral care, including knowing when to refer/seek supervision.
- Educate others about specific mental health issues and appropriate pastoral counsel.



TEXTS & ASSIGNMENTS

- *The Cry of the Soul* by Dan Allender & Tremper Longman.
- *The Minister's Guide to Psychological Disorders and Treatments* by Brad Johnson.
- Other select readings.

The course assignments will help you:

- Strengthen your reflective listening skills.
- Develop understanding of life and mental health issues common in pastoral settings.
- Build skills in pastoral care practice through group discussions and case studies.
- Strengthen your understanding of pastoral care in your ministry context.

COURSE DURATION

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DISCUSSION & CREDIT ASSIGNMENTS
FEB 28 - APR 23



Gloria Woodland, DMin Assistant Professor of Chaplaincy Studies & Spiritual Care

Gloria is passionate about the ministry of spiritual care because it reveals that God is present and active amidst the varied circumstances of life. She excels at building into learners through interactive discovery and discussion, enabling them to become effective in coming alongside others and sharing the compassion of Christ.